

Study of academic anxiety among rural and urban adolescent girls

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■ **ABSTRACT** : Present study was an attempt to assess the prevailing academic anxiety among rural and urban adolescent girls of Ludhiana district. Many studies have reported that girls show greater academic anxiety than boys and the levels of anxiety also differ in rural and urban settings. Keeping this in view the present research was carried out in rural and urban senior secondary schools of Ludhiana district. A total sample consisted of 100 adolescent girls in the age group of 15-16 years, evenly distributed over rural and urban areas (50 rural and 50 urban). The results of the present study revealed that majority of rural and urban girls had moderate level of academic anxiety. The mean scores indicated that rural girls experienced significantly higher levels of academic anxiety as compared to their counterparts. The results emphasise the need to provide better educational facilities in rural areas and to teach adolescent girls strategies for effective management of their anxiety.

■ **KEY WORDS** : Academic anxiety, Adolescent girls, Rural, Urban

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